

"Just Right" Books

1. First choose the book you think you would like to read.
2. Find a page of text somewhere in the middle of the book. Find a page with lots of text (words) and few or no pictures.
3. Begin to read the page. It is best to read the page aloud or in a whisper if possible while doing the test so you can hear the places where you have difficulty.
4. Each time you come to a word you don't know, hold one finger up.
5. If you have all five fingers up before you get to the end of the page, wave the book "good-bye." It is probably too difficult for you right now. Try it again later in the year.
6. If you have no fingers up when you finish the page, then the book may be an easy read for you. Use the **Goldilocks' method** as you read to see if the book is too easy or "just right." Enjoy!
7. If you have less than five fingers but more than one or two fingers up when you finish reading the page, the book may be just what you need to grow as a reader. Use the **Goldilocks' method** as you read to see if the book is a "just right" book. Enjoy!